

Uber, Nike+ Run Club help new runners unlock potential this weekend

On Saturday 27 August 2016, from 8am-1pm, Nike+ Run Club Pacer on Demand will offer personalised training sessions to runners, in conjunction with Uber in Johannesburg.

Participants may enter the Uber promo code RUNJOBURG in order to reveal the NRC PACER view and request pacers on demand. If successful, two Nike+ Run Club Pacers will arrive ready to enable the participant with a personalised running session coupled with the right technology. Runners will also have the opportunity to try out a pair of Nike running shoes, which will be tailored to each person's ability level.

Participants should be prepared to warm up with running-specific, dynamic stretching before they take off for a two or three kilometre run.

For more, visit: <https://www.bizcommunity.com>