

# Wastewater is an asset - it contains nutrients, energy and precious metals, and scientists are learning how to recover them

By [Yalin Li](#)

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Most people think as little as possible about the wastewater that is produced daily from their showers, bathtubs, sinks, dishwashers and toilets. But with the right techniques, it can become a valuable resource.



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On average, every American uses [about 60 gallons of water per day](#) for purposes that include flushing toilets, showering and doing laundry. This figure can easily double if outdoor uses, such as watering lawns and filling swimming pools, are also included.

Most of the used water will eventually become wastewater that must be [treated before it can be discharged into nature](#). And that treatment uses a lot of energy. According to the US Environmental Protection Agency, water and wastewater facilities account for [more than a third of municipal energy budgets](#).

My research focuses on [recovering resources from wastewater](#). This process is difficult because wastewater contains many different types of contaminants. But researchers in our fields are exploring many creative ways to make valuable products from them.

## Energy from organic materials

Diehard wastewater engineers understand the value of wastewater, which they view as an asset rather than a waste. That's why some of them call it "used water" instead, and refer to what most people call wastewater treatment plants as water resource recovery facilities.

In fact, wastewater can contain [more than three times the amount of energy needed to treat it](#). One simple and mature technique for recovering part of this energy is [anaerobic digestion](#), a natural process in which microorganisms feed on grease and other organic materials in wastewater and produce biogas, just as yeast can eat up barley and spit out beer.

Biogas contains [roughly 50% methane](#), which can be used as a renewable fuel for boilers, furnaces and heating systems or to turn turbines and generate electricity.



Inside these anaerobic 'egg' digesters at the Deer Island Treatment Plant on Boston Harbor, microbes break down sewage sludge and scum into methane gas, carbon dioxide, water and organic solids that are processed into fertilizer. [Frank Hebbert/Wikimedia, CC BY](#)

More advanced techniques, such as [hydrothermal processes](#), take sewage sludge – the solids removed from wastewater during treatment – and convert it into bio-based fuels that can be used to replace gasoline and diesel fuel. This process is currently at the [demonstration stage](#).

In addition to sewage sludge, many researchers – including me – are very interested in microalgae. Microalgae are [promising feedstocks for biofuels](#), and some of them can grow in wastewater. My colleagues and I have designed hydrothermal systems to [turn wastewater-grown microalgae into biofuels](#). They are still being tested in the lab, but we hope to scale them up in the near future.

## Mining nutrients from wastewater

Wastewater also contains nutrients like nitrogen and phosphorus, which are essential elements that plants need to grow. In current wastewater treatment processes, we use energy to [convert ammonia in the wastewater](#), which comes [mostly from urine](#), into nitrogen gas. However, industries then use large quantities of natural gas to convert nitrogen gas back into ammonia, predominantly for producing fertiliser, through the [Haber-Bosch process](#).

Clearly, it would be much more efficient to directly extract the ammonia from wastewater without converting it. One way is to use urine-diverting toilets, which already are [commercially available](#), to [separate urine from other sources of wastewater](#). Then the collected urine could be used as fertiliser after sanitising it to remove pathogens.

Sanitised urine also contains other nutrients like phosphorus and potassium. The [Rich Earth Institute](#), a Vermont-based non-profit supported by federal agencies and foundations, is researching ways to turn human urine into fertiliser. The institute is testing harvested urine on real crops, and has found that [it works effectively](#).

Alternatively, we can recover these nutrients as [struvite](#), or magnesium ammonium phosphate, a mineral that contains magnesium, nitrogen and phosphorus. Struvite can naturally form during wastewater treatment processes, but tends to deposit in tanks and pipes and will damage the equipment if left unattended. By controlling the formation of struvite, it can be recovered in separate reactors.

Researchers have tested recovered struvite on crops in laboratories and achieved yields [comparable to commercial fertilisers](#). The technique is still maturing, but companies are developing [commercial versions for wastewater treatment plants](#).

## More possibilities

Want more valuable stuff? Wastewater is [literally a gold mine](#). It contains metals [valued up to millions of US dollars per year](#). These metals are often toxic to aquatic life, so they need to be removed. But conventional removal technologies [require a lot of energy and produce toxic sludge](#).

Researchers are developing new ways to remove and reuse these metals, including membrane systems that can [selectively remove precious metals from water](#) and biosystems that [use microorganisms to recover them](#). These techniques are at a very early stage and it is not clear yet whether they will make economic sense, but they have the potential to make wastewater more valuable.

In addition, wastewater is generally warmer than natural water supplies, especially in the winter, so it can serve as a heat source. This technique is [well-established](#) and is not limited to commercial scale. You can install [drain-water heat recovery systems](#) at home to lower your energy bill.

To me, this is just a beginning. With proper techniques, “wastewater” can offer us much more – and I very much look forward to the day when there is no “wastewater”, just “used water”.

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