

Paying more but getting less: Wage vs inflation gap widening

By [Andy du Plessis](#), issued by [FoodForward SA](#)

2 Sep 2022

Consumer price inflation data released by Stats SA recently show that annual inflation is up 7,8% in July from 7,4% in June. This increase is mostly driven by food prices, electricity, and transport costs. Workers earning lower wages have to prioritise transport and utilities, so that they can get to work every day and keep the lights on.



In essence, since wage increases have not kept up with inflation over the past few years, low income households have to spend more to get the same basic food groceries, except that now, they have even less of their hard-earned money to spend on food.

According to the Pietermaritzburg Economic Justice and Dignity (PMBEJD) group's August 2022 report, a worker earning a minimum wage of R4081.44 will only have about R1,700 left over, after paying for transport and electricity. According to the PMBEJD, a minimum nutritional basket of food for a family of four costs R3,212.97, which means that these households will underspend on food by at least 46,8%.

PMBEJD estimates show that the basic food basket is 12,6% more than a year ago – which is in line with FoodForward SA's estimate of 12,9% year on year, following our own food price comparison of more than 150 products at two retailers. The Minister of Labour gazetted a wage increase of 6,9% for this year, which effectively means that ordinary workers are getting poorer in real terms.

The widening wage vs inflation gap clearly shows that food insecurity not only affects those who are unemployed and those solely dependent on social grants for survival, but also general workers earning low wages, who simply can't afford to provide enough food for themselves and their families for a whole month.

According to the United Nations, food security is achieved when "all people, at all times, have physical, social, and economic access to sufficient, safe, and nutritious food that meets their food preferences and dietary needs for an active and healthy life." By this definition, FoodForward SA's estimates are more in line with the National Income Dynamic Study NIDS-CRAM Wave 5 report that show that around 28 million people experience food insecurity during each month.

A key driver of food insecurity and malnutrition is that workers also have other financial commitments, such as servicing debt, funeral cover, school uniforms, sending money back home, etc. so the amount of money left over for food is dismal.

The shortfall of ordinary workers not being able to secure enough food for their families has several implications for South Africa. These include:

1. People must find other means to make up the shortfall, which could either include taking on a second job, which has mental and physical health implications
2. When people have less to spend on food, they tend to eat less so that they can stretch what they have. This could result in under-nutrition which has its own health implications
3. Another coping mechanism is when adults tend to skip meals, so that their children have enough to eat
4. Purchasing cheaper, less nutritious, and in some instances unsafe foods, is necessary to survive
5. To try and meet the shortfall, poor people will also purchase food on credit, and this will create mounting debt levels that they are not able to service.

At a certain point, it becomes impossible to stretch what you have, live in dignity, and be able to run a functioning household each month. When people have no other options to survive, some resort to illicit activities, which could to some extent, account for the higher crime rates in the country.

Given the slow rate of job creation and low economic growth forecast for South Africa for the near future, the only viable option in the short term to achieve food security is a food donations policy. According to the CSIR's May 2021 Technical Report on Food Loss and Waste, over 10 million tonnes of good quality food throughout the supply chain is lost or wasted annually, due to supply chain dynamics. This accounts for a shocking one third of all the food produced in South Africa, which is an enormous wasted opportunity.

FoodForward SA, along with the Global FoodBanking Network (GFN), the Consumer Goods Council of South Africa, and the Harvard Business School, are working on a Food Donations Policy Atlas for South Africa. The draft outline suggests model legislation for South Africa in three areas relevant to food donations: (1) food safety for donations; (2) liability protection for food donors; (3) tax incentives and government grants.

We will in due course present this draft to the Office of the President for consideration, as a viable solution to address food insecurity at scale.

ABOUT THE AUTHOR

Andy du Plessis is managing director at Food Forward SA.

- **FoodForward SA calls for catalytic funding and collective action to address food insecurity in SA** 21 May 2024
- **Addressing household food insecurity: Forming the Food Security Council now** 13 May 2024
- **SA's looming humanitarian crisis: Potential for civil unrest and riot** 11 Apr 2024
- **FoodForward SA: Celebrating 15 years of social, economic and environmental impact investment** 19 Mar 2024
- **30 years of democracy: Few steps forward and several steps back** 16 Feb 2024



FoodForward SA

Securing Quality Food. Nourishing Lives.

[Profile](#) | [News](#) | [Contact](#) | [Twitter](#) | [Facebook](#) | [RSS Feed](#)