

AGT Foods signs on to RADA drive

AGT Foods and [RADA](#) personnel recently set off for Thata Kematla orphanage and Vuyiswa, a home for mentally and physically disabled people, in Orange Farm to deliver 100kg of green pea chips and 40kg of potato granules.



George Tomazos, AGT Foods (left) and Kate Buchanan, RADA (right)

Added to this, AGT Foods also donated 500kg of e'Pap - an instant precooked nutrient dense porridge. With a track record of 17 years of making a difference to communities in 15 countries, e'Pap is a whole food that has vitamins and minerals that the body can absorb and use.

RADA is an acronym for rape, alcohol, drug and abuse. It is a registered non-profit company that is trying to combat these addictions and atrocities. The company also plans to build comprehensive renewal centres in South African cities to begin with and eventually in cities around the world. RADA is working very closely with communities in Orange Farm. It currently cares for 40 children at Thata Kematla orphanage as well as 80 people at Vuyiswa.

Provision of raw food ingredients

Said George Tomazos of AGT Foods Retail & Food Ingredients, "AGT has long been a generous donor of food and other products to reliable organisations. When the company was approached by RADA for assistance, we were happy to commit to providing raw food ingredients from our wide range of pulses, grains, seeds, flours and pea protein.

“We make green pea chips by splitting whole green peas into three or four pieces. Split peas are highly beneficial for your health. They are high in fibre, protein, as well as various vitamins and minerals but low in fats. They are commonly used to make split pea soup and can be added to stews.

“Potato granules are a fine powder that is mixed with boiling water to yield a food similar in texture and taste to mashed potatoes. The production process involves peeling, cooking and drying potatoes. This is easy to make and a filling food that can be enjoyed by the residents.”

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