

Take-out trends in SA's major metropolises

Joburg and Durban beat Cape Town and Pretoria as the cities that order the most chicken during the working week. While trend-conscious Cape Town chose sushi as its lunchtime delivery of choice, bagging the honour of having more wasabi in their fridge than any other city.



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These stats are according to OrderIn, a food delivery service app that launched in 2013 and now has a network of over 1,200 restaurants in all the major metropolises.

“Our statistics show that Asian, healthy foods and sushi top the food delivery lists across all metropolises, painting a pretty healthy picture for South African cities. Don’t let the healthy workweek fool you, South Africans love their comfort foods over the weekend,” says OrderIn founder and CEO, Dinesh Patel.

Come weekends, pizza tops not only Pretoria’s most ordered lunch (51%) and dinner (48%) lists, but is a firm evening favourite in Joburg (51%) and Cape Town (41%) too. Durban goes against the grain, preferring burgers (35%) over pizza (29%) for dinner.

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