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Food awards adds category

The *Sunday Times* Food Awards have added a new category, the Stalwart of the Kitchen, to the existing three categories of Chef of the Year, Chef School Challenge and Young Chef of the Year for the 2010 competition, which closes for entries on 31 August 2010.



The overriding theme for all four competitions this year is 'reflecting flavours of the African continent' and all entrants must submit menus that reflect an understanding of the ingredients and flavours of African cuisine.

"The *Sunday Times* Food Awards is a great opportunity for our local talent to test their culinary skills and to be recognised for excellence. The partnership between *Sunday Times* and Foodcorp works so well because our interests are aligned towards the common goal of developing young talent and showcasing unique South African cuisine," says Juliette Morrison, group marketing director for Foodcorp Brands.

New category

The Stalwart of the Kitchen competition has been introduced to give long-overdue recognition to the large group of chefs and cooks over the age of 35 who may have no formal qualification, yet make up the backbone of the hospitality industry. "These unsung heroes of the kitchen work with integrity. They produce, create and serve outstanding cuisine, but are seldom granted their moment in the limelight," says Jacqui Gunn, Food Awards project manager.

Stalwart entrants are required to summit a two-course menu - starter and main. The Chef of the Year, Young Chef of the Year and Chef School Challenge entrants are required to submit a three-course menu - starter, main and dessert.

Judges

Six finalists will be selected for the final competition by the panel of judges - these are:

- Head judge Andrew Atkinson, executive chef at Michelangelo Hotel and competitions director for SACA
- Kitchen judge Arnold Tanzer, Dutch-born businessman and former *Sunday Times* chef of the year, who is also the ex vice-president of SACA
- Tasting judges
 - Reuben Riffel, co-owner of Reuben's Restaurant in Franschhoek;
 - George Bopape, regional executive chef, Fedics Food Services (SACA accredited judge);
 - Jackie Cameron, head chef, Hartford House (SACA accredited judge);
 - Andrew Unsworth, editor, Sunday Times Travel & Food
 - Hillary Biller, food editor, Sunday Times Travel & Food

The awards will be presented at the South African Chefs Association's (SACA) Southern Sun Centre for Culinary

Excellence at University of Johannesburg School of Hospitality on October 6.

For more information on entry requirements go to <u>www.sundaytimesfoodawards.co.za</u> or email <u>foodawards@sundaytimes.co.za</u>. "Amy Mabin"

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