

# Glow well with WellSkin



By [Ruth Cooper](#)

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If you're like me you might have thought that the Wellness Warehouse stores only housed wasabi flavoured peanuts, organic face washes and super-healthy meals for the hippies and hipsters, but no, they also run a well-equipped beauty salon, WellSkin, which offers massages, facials, waxes and mani/pedis.

I was lucky enough to be invited to test out one of their signature facials: a Dermalogica Classic Deep Cleanse, which included a complimentary hot oil hand and foot massage (a special running till the end of April). I've got to say that I'm gradually being turned into a Dermalogica super fan, having once attended a skin analysis workshop and leaving with super-soft skin and a bag full of sample goodies I was fairly seduced by the brand, so was keen to see what else I could learn about this cosmetic range.



My therapist, Andrea, started with a skin analysis and face mapping - always a little scary as this usually entails someone frowning at you from two inches away, bandying words around like fine lines and congested areas. Luckily, Andrea was fairly gentle in her critique and assured me that the treatment would sort out most of the issues mentioned.

## Glowing results

After a cleanse, steam, exfoliation, masque, massage and moisturise, we were just about done with the one-hour facial, which exclusively used the lovely smelling Dermalogica products. My favourite was the Skin Hydrating Masque and the lavender-hued and scented Super Sensitive Shield day cream with an SPF factor of 30 for those fair-skinned maidens. These products leave your skin feeling so incredibly soft and smooth that you have to restrain yourself from going up to random people after use, demanding that they admire the feel of your soft-as-a-baby's-bottom face.

Another huge plus for WellSkin's Dermalogica facials is the fact that you don't leave looking like Frankenstein. I have left other facials often with a blotchy, red and shiny face. Granted it settles down after a few hours, but this is rather embarrassing if you have to remain in public for a while. Not so for the Dermalogica Classic Deep Cleanse; my skin felt and looked amazing immediately, a dewy glow as opposed to shiny freak.

So when you're next purchasing your organic quinoa and hypoallergenic shampoo at the Wellness Warehouse, why not stop by or make a booking for one of their WellSkin treatments. Check their site at [www.wellnesswarehouse.com/wellskin](http://www.wellnesswarehouse.com/wellskin) for treatment options and promotions.

## ABOUT RUTH COOPER

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