

## New farmers' market at Spier

A new weekly farmers' market, Spier Werf Market, will be hosted under ancient oaks on Spier's newly-restored historic farmyard every Saturday from 31 October.



If phrases like 'organic', 'local', 'seasonal' and 'homemade' tickle your fancy, you've probably tried your hand at some form of urban farming. Traders at the market will offer equipment and practical advice to ensure a bountiful harvest at home.

## Traders for the first market include:

Soil for Life | Worm farms and seedlings

Pin's & Erbs | Medicinal plants

Good Hope Nursery | Veld + Sea edible plants

Organic seasonal fruit and veg (yes, the ugly ones too)

Farmer Angus | Truly free-range eggs and grass-fed meats

Culture Club Cheese | Handmade local cheese

Cove Cold Brew | Nitro coffee

Cape Town Spice Market | Spices

Karoo Aroma | Organic fresh pesto

Jewell & Co | Charcuterie

Frantastic | Roosterkoeke

Dirkje | Traditional pickles and preserves

Bedouin | Yogurt strained cream cheese

Die Rooi Olyf | Waterblommetjie pot

Eight to Go | Burgers

Hoghouse | Meat and freshly baked breads

Argies | Asado

Spier | Wine Bar

Hope on Hopkins | Craft Gin Cocktails

Las Paletas | Fresh seasonal fruit lollies

Fizzle | Homemade ginger beer

My Basaar | Pancakes

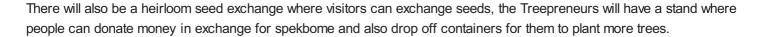
Tuist Craft Ice Cream | Homemade organic ice cream

Honest Chocolate | Cocoa treats

## Weekly workshops

Workshops include boerewors making with Farmer Angus, Kombucha making with Theonista's Meghan Werner, a seedling propagation workshop by Farmer Neil and cooking with market produce with Spier Eight's Chef Charl. Workshop tickets are R250 each, only 25 tickets available per weekend and can be booked via Quicket or at the information stand at the market.

## Nursery and seed exchange



Entrance to the market is free. The Spier Werf Market takes place every Saturday from 9am - 2pm at Spier Wine Farm, R310 Baden Powell Road, Stellenbosch, 7603.

For more info, go to <a href="https://www.spier.co.za/visit/market">www.spier.co.za/visit/market</a> or <a href="https://www.facebook.com/SpierWerfMarket">www.facebook.com/SpierWerfMarket</a>, and use #SpierWerfMarket.

For more, visit: https://www.bizcommunity.com