

New digital publication for Vital Club members

Vital Health Foods has partnered with Pure Publishing to produce *Vitalise*, a bi-monthly health and lifestyle digital publication for Vital Club members.



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Vitalise magazine addresses health and well-being, offering advice on all aspects of health, covering everything from fitness to diet to psychology.

The magazine features articles on The Vital Foundation's charity work, mental health, dietary trends and more, while offering useful advice to readers' questions and offering tasty and healthy recipes.

Pure Publishing provided the *Vitalise* publication with a fresh new look and feel through contemporary editorial design and typography, to complement the healthy ethos of the Vital brand.

View the digital publication here: <http://issuu.com/vitalhealthfoods>

For more, visit: <https://www.bizcommunity.com>