

## Introducing the Vital Winelands Run

Vital Health Foods will team up with the Helderberg Harriers, in collaboration with Run/Walk for Life Somerset West, to introduce the Vital Winelands Run on Saturday, 15 November.

For the first time, the Winelands Marathon and Vital Run will become one. It will be the 37th Vital Winelands Marathon, 18th Vital Winelands Half Marathon and will now include the first 10km race.

This event will be hosted in accordance with the rules of ASA and WPA at the Eikestad Primary School in Stellenbosch, it promises to be a well-rounded offering to both the serious athlete who enjoys long distance running as well as for families, who will be able to take part in the 5km fun run.

All proceeds will be donated to the Vital Foundation.

As a pre-entry event only, participants can enter at <a href="www.topevents.co.za">www.topevents.co.za</a>. Online entries close Thursday, 6 November 2014 at midnight. For more information, please contact Top Events at <a href="mailto:entries@topevents.co.za">entries@topevents.co.za</a> or on 086 005 1021, or visit <a href="www.vitalrun.co.za">www.vitalrun.co.za</a>.

For more, visit: https://www.bizcommunity.com