

# Get ready for the East Coast Radio and Clicks Summer Body Bootcamp

Issued by [East Coast Radio](#)

20 Oct 2023

Get ready for a morning of fun workout as you journey to a healthier, fitter you. Join East Coast Radio in partnership with Clicks at the East Coast Radio and Clicks Summer Body Bootcamp on 4 November 2023 at Chris Saunders Park, Umhlanga, KZN.



Experience invigorating outdoor workouts led by fitness experts, and a fun morning with an amazing goodie bag. Your ticket to summer confidence is just a click away.

[Purchase your R125 ticket on Quicket.](#)

For more details and to secure your spot, visit [www.ecr.co.za](http://www.ecr.co.za) or stay tuned to East Coast Radio. Let's make this summer your best one yet!

- " A sea of turquoise and yellow takes over KZN's promenade for the Suncoast East Coast Radio Big Walk 30 May 2024
- " Vic Naidoo bids farewell to East Coast Radio to embark on a new journey 29 Apr 2024
- " East Coast Radio welcomes Mzuvele Mthethwa as new managing director 16 Apr 2024
- " Empowering business minds at the Mancosa East Coast Radio Business Breakfast 12 Apr 2024
- " Walk Your Way at the Suncoast East Coast Radio Big Walk 18 Mar 2024

## East Coast Radio



East Coast Radio is KwaZulu-Natal's number one; for hit music, for inspiring content, for updated information and for making memories. East Coast Radio is a brand as energetic and vibrant as the people from the East Coast of South Africa.

[Profile](#) | [News](#) | [Contact](#) | [Twitter](#) | [Facebook](#) | [RSS Feed](#)

For more, visit: <https://www.bizcommunity.com>